

# Magister kineziologije/magistrica kineziologije

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## Selected qualifications

**Name of qualification** Magister kineziologije/magistrica kineziologije

**Translated title (no legal status)** Master of Arts of Kinesiology

**Type of qualification** Diploma druge stopnje

**Category of qualification** Izobrazba

**Type of education** Master's education

**Duration** 2 years

**Credits** 120 credits

## Admission requirements

- Completed first level study programme in relevant professional fields or
- completed first level study programme in other professional fields, if the candidate has completed the study obligations that are essential for the continuation of studies before enrollment; these obligations are determined according to the diversity of the professional field and range from 10 to a maximum of 60 credit points, and candidates can take them during their first level studies, in further training programmes or by taking exams before enrolling in a master's study programme.

## ISCED field

Field  
Transport, varnost, gostinstvo in turizem, osebne storitve

## ISCED subfield

subfield šport

## Qualification level

SQF 8  
EQF 8  
Second level

## Learning outcomes

The qualification holder is able to:

(general competences)

- finding new sources of knowledge in the professional and scientific field,
- the use of scientific research methods in a wider range of problems and in new or changed circumstances,
- taking responsibility for managing the most demanding work systems,
- critical reflections,
- social and communication skills to lead group work,
- implementation of project tasks in the work environment and basic, applied and developmental research tasks,
- application of general pedagogical strategies of behavior in practice,
- understanding of individual values and value systems,
- knowledge of ethics and codes of professional field,
- knowledge and understanding of the institutional frameworks of work of the elderly, people with certain chronic diseases, people with acute and / or chronic injuries and people with mobility impairments / injuries,
- communication and cooperation with border professionals,
- communication in a foreign language,

(subject-specific competences)

- knowledge and understanding of the basic bio-psycho-social characteristics of sports and fitness training of the elderly, people with certain chronic diseases, people with acute and / or chronic injuries and people with movement disabilities, especially those that are important in terms of

specific physical activity or sports exercises,

- knowledge of health risks associated with exercise in the elderly, people with certain chronic diseases, people with acute and / or chronic injuries and people with mobility impairments,
- knowledge of key targeted sports and fitness exercises for the elderly, people with certain chronic diseases, people with acute and / or chronic injuries and people with mobility impairments,
- knowledge of the organization of sports and exercise of groups of the elderly, people with certain chronic diseases, people with acute and / or chronic injuries and people with mobility impairments,
- planning, organizing and implementing a programme of sports and fitness training for the elderly, people with certain chronic diseases, people with acute and / or chronic injuries and people with mobility impairments,
- practical applications of theoretical concepts of sports training of the elderly, persons with certain chronic diseases, persons with acute and / or chronic injuries and persons with movement impairments.

## Assessment and completion

Examination performance is graded as follows: 10 (excellent); 9 (very good: above-average knowledge but with some mistakes); 8 (very good: solid results); 7 (good); 6 (adequate: knowledge satisfies minimum criteria); 5–1 (inadequate). In order to pass an examination, a candidate must achieve a grade between adequate (6) and excellent (10).

## Progression

To progress from the first year to the second year, a student must collect 54 ECTS credits per year.

## Transitions

Third-cycle doctoral study programmes (SQF level 10)

## Condition for obtaining certificate

The student completes his / her studies when he / she completes all the obligations prescribed by the study programme and thus collects 120 ECTS.

## Awarding body

University of Ljubljana, Faculty of Sport

URL

<https://www.fsp.uni-lj.si/en/>

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